\[ \Delta E_{\text{min}} \] represents the \( \Delta E \) minimum, \( V_{\text{FM}} \) is the FM nanoparticle volume and \( M_S \) is the saturation magnetization. \( \mu_B H_C = 1.3 \, \text{T} \) is calculated for the parameter values of AFM sublattice magnetization\(^3\), \( \mu_B M = 1.8 \, \text{T} \), a molecular field\(^4\) coefficient between the AFM sublattices of \( w = 100 \), an AFM second-order anisotropy constant of \( K_1 = 2.7 \times 10^7 \, \text{J/m}^3 \) (ref. 27), \( V_{\text{FM}} = 33.5 \, \text{nm}^3 \) and \( \mu_B H_C = 84 \, \text{T} \) (ref. 28). Considering the uncertainty in the values of most of these parameters, the agreement with the experimental value, \( \mu_B H_C = 0.76 \, \text{T} \), is very satisfactory. Unlike the usual exchange-bias systems, the calculated and experimental values of the coercive field are in agreement. Owing to their very small size, the FM particles can be thought of as being coupled to a unique AF domain, and consequently there is no competition between different coupling terms.

Additionally, exchange coupling at the Co/CoO interface gives rise to a shift of the hysteresis loop along the field axis. The large bias fields observed may be shown to suggest the existence of AFM non-collinear moment configurations, reminiscent of spin-glass configurations. Such configurations exist in magnetic oxide nanoparticle\(^5\),\(^6\), and, by analogy, they may be expected at the surface of small cavities.

In the above discussion, a compensated Co/CoO interface has been assumed. Coupling energies of the same order of magnitude could be obtained in the case of large uncompensation, of the order of 30\%, existing at the Co/CoO interface. However, in this case a significant part of the FM signal would originate from the uncompensated moments in the matrix. The measurements on the Ag/CoO sample do not reveal such signal, and large uncompensation can thus be realistically excluded.

The present results demonstrate that the magnetic coupling of FM nanoparticles with an AFM matrix is a source of a large effective anisotropy. This leads to a marked improvement in the thermal stability of the moments of the FM nanoparticles — we observed an increase in the blocking temperature, \( T_B \), of almost two orders of magnitude. This mechanism provides a way to beat the ‘superparamagnetic limit’ in isolated particles. Although it is clear that the system examined here is not suitable in itself for application, the approach developed should in principle apply to nanoparticles deposited on a single AFM layer, a structure suitable for use as a recording medium. With the right choice of FM and AFM components, exchange anisotropy coupling could ultimately allow magnetically stable dots only a few nanometres in size: such dots would surpass the storage-density goal of 1 Tbit in\(^-2\), as set by the magnetic-storage industry.

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**Competing interests statement**

The authors declare that they have no competing financial interests.

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**Sea-level fluctuations during the last glacial cycle**

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The last glacial cycle was characterized by substantial millennial-scale climate fluctuations\(^1\), but the extent of any associated changes in global sea level (or, equivalently, ice volume) remains elusive. Highstands of sea level can be reconstructed from dated fossil coral reef terraces\(^2\),\(^3\),\(^4\),\(^5\), and these data are complemented by a compilation of global sea-level estimates based on deep-sea oxygen isotope ratios at millennial-scale resolution\(^6\) or higher\(^7\). Records based on oxygen isotopes, however, contain uncertainties in the range of ±30 m, or ±1 °C in deep sea temperature\(^8\). Here we analyse oxygen isotope records from Red Sea sediment cores to reconstruct the history of water residence times in the Red Sea. We then use a hydraulic model of the water exchange between the Red Sea and the world ocean to derive the sill depth and hence global sea level—over the past 470,000 years (470 kyr). Our reconstruction is accurate to within ±12 m, and gives a centennial-scale resolution from 70 to 25 kyr before present. We
find that sea-level changes of up to 35 m, at rates of up to 2 cm yr\(^{-1}\), occurred, coincident with abrupt changes in climate.

This study takes advantage of the fact that the Red Sea is extremely sensitive to sea-level change, as a consequence of the narrow (18 km) and shallow (137 m) character of its only connection with the open ocean (the Strait of Bab el Mandab). Reduction of the strait profile by sea-level lowering decreases the exchange transport of water masses through the strait. This results in increased residence times of the water within the Red Sea, enhancing the effect of the high rate of evaporation (2.06 m yr\(^{-1}\)) on properties in the Red Sea. The basin thus amplifies the signals of sea-level change, which are recorded in \(\delta^{18}O\) values of foraminifera in Red Sea sediment cores. This amplification has been previously used to calculate sea-level lowstands at times of maximum glaciation during the past 500 kyr (ref. 12), which have since been independently corroborated.

To unlock the potential of Red Sea data for the development of continuous sea-level records (rather than only lowstands) in a manner that is independent of existing methods, we combine a realistic representation of exchange flow in the Strait of Bab el Mandab\(^1\) with an eddy flux parameterization to represent the Red Sea basin\(^2\). We then calculate salinity and, using routines described previously for the Mediterranean Sea\(^3\), \(\delta^{18}O\) for calcite in equilibrium with ambient water. Changes in the modelled salinity and \(\delta^{18}O\) values are dominated by sea level, and the simulated behaviour of \(\delta^{18}O\) with sea-level change is then applied to translate \(\delta^{18}O\) records from sediment cores into records of past sea-level change. For this purpose, records are selected from relatively shallow (<1,000 m) locations away from the axial trough of the Red Sea, to avoid potential hot-brine-related diagenetic alterations of the foraminiferal calcite.

To ensure that our reconstructions account for any potential change in the basin’s climatic forcing through time, we determine a 2\(\sigma\) equivalent confidence limit to our sea-level reconstructions by means of sensitivity tests. These comprise extreme scenarios for the annually integrated evaporation and relative humidity, and an additional temperature uncertainty (see Supplementary Information). Before applying the method to the millennial-scale variability of the last glacial cycle, we discuss several validation exercises that compare our sea-level results with those from other methods.

We resolve exchange transport through the strait in terms of hydraulic control\(^4\). Observations\(^5\) and hydraulic modelling\(^6\) for the present day suggest that exchange of waters across the sill at Hanish is sub-maximal. This is due to the dominant effect of the summer (southwestern) monsoon on the modern Red Sea. It causes upwelling of Gulf of Aden Intermediate Water (GAIW) in the Gulf of Aden, which in turn intrudes into the Red Sea as an intermediate layer\(^7\). The hydraulic model realistically represents this intrusion of GAIW between July and September\(^8\). At lower sea levels, Hanish sill would be shallower and the GAIW upwelling would have to intensify for the intrusion to occur. Consequently, the sensitivity of the Red Sea to monsoonal variability is reduced at lower sea levels. In a simulation with sea level approximately 120 m lower than today, we find maximal exchange at Hanish sill, with flow over the sill reaching an upper limit determined by the sill geometry and evaporation over the Red Sea. That result corroborates the assumption of maximal exchange at glacial times made in previous studies\(^9\).

The combined ‘hydraulic + basin’ model conserves buoyancy in the Red Sea so that \(Q_g = BLW\), where \(Q_g\) is the volume flux leaving the Red Sea in the lower layer, \(g\) is the reduced gravity, \(B\) is the buoyancy flux through the surface of the Red Sea (3.4 \(\times\) 10\(^{-8}\) m\(^2\) s\(^{-3}\)), \(L\) is the length of the basin (1,960 km) and \(W\) is the width of the basin, which varies with sea level. The buoyancy transport within the basin is limited by a maximum eddy flux\(^1\) \(Q_3 = khfWg/fL\), where the Coriolis parameter, \(Q_3\) is the flux in the Red Sea in the upper layer, \(h_1\) is the thickness of the upper layer in the Red Sea and \(kh\) is a constant. Technical details of the model, including an evaluation of the procedures applied, are presented in Supplementary Information.

Although the strait exchange is seasonally resolved, the model basin responds only to the annually integrated sill exchange. Previous hydraulic modelling of the exchange indicates that this is a reasonable approximation\(^2\), and it allows important basin forcing parameters—evaporation and humidity—to be kept constant throughout the annual cycle. The main run uses evaporation and relative humidity at their modern annually averaged levels of

![Figure 1 Sea-level reconstruction since the start of the Younger Dryas, based on the \(\delta^{18}O\) record from core KL11 (18° 44.5’ N, 39° 20.6’ E) including error bars of ±12 m. Chronology is based on calibrated AMS radiocarbon datings\(^20\). The record is zeroed to modern sea level by removing the mean KL11 record for the past 7 kyr. The point from the low-resolution record of KL11 reported in the LGM is based on intercalibrated benthic \(\delta^{18}O\) data\(^19\). Black symbols are sea-level values obtained from coral reef studies\(^21-24\).](image-url)
2.06 m yr\(^{-1}\) (ref. 11) and 70% (ref. 18), respectively. Sea surface temperature is set to decrease linearly with respect to sea level, so that it reaches a value 5 °C lower than today at the Last Glacial Maximum (LGM) (Supplementary Information). Sensitivity tests allow for a ±2 °C uncertainty in temperature in addition to changes in evaporation between 2.8 m yr\(^{-1}\) and 1.4 m yr\(^{-1}\) and in relative humidity between 60% and 80%, the modern seasonal extremes\(^{11,15}\). Increases in global ice volume concentrate salinity by ~0.01‰ per metre of sea-level fall\(^{15,10}\). Monsoonal upwelling of GAIW is kept similar to the present throughout the experiments, so that the upper interface of GAIW shallows and deepens to the same extent through the seasonal cycle (that is, sinusoidally from 20 m below the surface in mid-July to 110 m below the surface in mid-January\(^{11}\)).

Strictly speaking, our sea-level reconstructions pertain to the level at Bab el Mandab, which may deviate somewhat from truly global changes owing to uplift and isostatic effects. Uplift of the strait was previously estimated at 0.044 ± 0.022 m kyr\(^{-1}\) (ref. 12), and the 470-kyr reconstruction presented here optimizes the agreement with existing data for a rate of 0.02 m kyr\(^{-1}\). Isostatic effects are probably negligible compared to the confidence limits of our method, in view of the landlocked and narrow character of the Red Sea/Gulf of Aden and the great distance from continental ice sheets. Our reconstructions therefore offer close approximations of global sea level (and hence, ice volume), especially during the last glacial cycle, the focus of this study.

We first apply our method to reconstruct sea-level changes since the onset of the Younger Dryas, based on a \(^{18}O\) series from recent high-resolution resampling of this interval in central Red Sea core GEOTUE-KL11 (referred to here as KL11)\(^{19,20}\), for validation against the sea-level record from coral-reef data\(^{21-22}\) (Fig. 1). There is no record from the Red Sea for the LGM and the deglaciation before the onset of the Younger Dryas, because of the presence of a so-called ‘aplanktonic’ interval. Such intervals characterize severe glacial maxima throughout the central and northern Red Sea, and have been related to salinities in excess of 49–50 p.s.u. (refs 12, 19, 25).

The sea-level value given for the LGM in KL11 (Fig. 1) derives from intercalibrated \(^{18}O\) measurements of benthic foraminifera\(^{16}\), and it agrees well with lowstand estimates from the coral reefs. The rest of the sea-level reconstruction from our method also compares favourably with the coral-reef record. Given that the sensitivity of our sea-level method to climatic uncertainties is ±12 m (equivalent to 2σ confidence limits), the observed deviations of up to 5 m from the mean for individual samples are exactly what should be expected from analyses of a random specimen collection from discrete core samples that integrate decadal, interannual and seasonal climatic variability. Changes in sea level greater than ±12 m are outside this uncertainty, and hence are considered real.

Next, we compare sea-level reconstructions based on two independent central Red Sea records that both cover several glacial–interglacial cycles, down to 471 kyr before present (BP): cores KL11\(^{19,20}\) and MD921017\(^{12,25}\) (Fig. 2a). Their close similarity shows the reproducibility of our method (Fig. 2d). This long-core exercise also validates our sea-level reconstructions relative to those from other techniques over the entire glacial–interglacial climate range (Fig. 2c). The good agreement is a clear indication that our ±12 m confidence limit adequately captures the full range of uncertainty about climatic forcing values. As an additional benefit, our model offers a quantitative expression of the Red Sea salinity history (Fig. 2b).

Having thus validated this method’s capacity to reconstruct sea level with a realistic confidence limit, it is subsequently applied to evaluate any sea-level changes associated with millennial-scale climate fluctuations within the interval 70–25 kyr BP. It was previously established that the influences of the southwestern monsoon did not reach the Red Sea/Gulf of Aden region at those times\(^{25,26}\), effectively ‘locking’ the basin in the present-day winter mode. A discussion of Red Sea insensitivity to monsoon variability is given in Supplementary Information. Hence, the ±12-m confidence margin to our reconstructions is rather generous as far as this period is concerned.

The 70–25 kyr BP interval in core KL11 was resampled at an average 200-yr resolution, and a \(^{18}O\) record was constructed for *Globigerinoides ruber*\(^{26}\), similar to the previously mentioned long-core and deglaciation records of KL11 and MD921017. An initial rough chronology was established from isotope stratigraphy in the long-core record of KL11\(^{19}\) (Fig. 2) and from accelerator mass spectrometry (AMS) \(^{14}C\) datings, calibrated\(^{27}\) using a 400-yr reservoir age\(^{20}\). A recent high-resolution deep-sea \(^{18}O\) study\(^{28}\) suggests that millennial-scale sea-level variability during the last glacial cycle should resemble, in both timing and structure, the Antarctic temperature history recorded in ice-core \(^{18}O\) and \(^{8}D\) data\(^{22}\). To refine the initial chronology for the 70–25 kyr BP interval in KL11, therefore, we focused on synchronization with the high-resolution Antarctic records (Fig. 3b). There is a remarkable signal similarity (Fig. 3d, e). To refine the initial chronology for the 70–25 kyr BP interval in KL11, therefore, we focused on synchronization with the high-resolution Antarctic records (Fig. 3b, c). There is a remarkable signal similarity (Fig. 3d, e).

Application of our sea-level method to the highly resolved 70–25 kyr BP \(^{18}O\) series of central Red Sea core KL11 yields a record of sea-level variability that agrees well with fossil-reef data\(^{22}\) (Fig. 4a). We also compare our result with a scaled plot of the high-resolution deep-sea \(^{18}O\) record of eastern North Atlantic core MD952042\(^{1}\).
which—although not yet translated into absolute sea-level values—
shows a good signal agreement with our sea-level reconstruction.
The agreement is especially notable when the age model of KL11 is
‘tuned’ to that of independently dated MD952042 (Fig. 4b). The
only realistic influences on the deep-sea $\delta^{18}O$ record of MD952042
are global ice volume (hence, sea level) and deep-sea temperature
changes. A $\pm 1^\circC$ uncertainty in deep-sea temperature variations
implies a confidence limit of about $\pm 30$ m on inferred sea levels,
based on a $0.26\%$ change in the water-to-calcite isotopic fractionation
per $1^\circC$, and a $0.008\%$o change in Atlantic deep-sea $\delta^{18}O_{\text{water}}$
per metre sea-level lowering$^{16}$. Offsets between the records (Fig. 4)
that exceed $\pm 12$ m around our reconstruction may be due to
analytical uncertainty, and/or deep-sea temperature changes affecting
MD952042.

We have presented here an independent method for sea-level
reconstruction that is applicable over timescales from glacial–
interglacial to centennial. The reconstruction for the 70–25 kyr BP
interval offered here is to our knowledge the first to be sufficiently
resolved—in both the temporal sense and in terms of the confidence
margin—to determine the realistic magnitudes and rates of sea-level
shifts associated with millennial-scale climate fluctuations. We have
corroborated an earlier report of signal similarity between the
Antarctic temperature history and the sea-level record$^1$. Also, we
have derived a magnitude of the sea-level shifts during the 70–25 kyr

**Figure 3** The high-resolution $\delta^{18}O$ record for the study interval between $\sim 70$ and
$\sim 20$ kyr BP, based on analyses of the planktonic foraminifer G. ruber in central Red Sea
core KL11$^{18,20}$. a, Original data versus depth in the core. Grey crosses indicate tie-points
used to relate the chronology of KL11 to the West Antarctic Byrd ice-core $\delta^{18}O$ series$^3$.
Numbers shown are (AMS) $^{14}C$ datings, calibrated using a 400-yr reservoir age. b, The
Byrd $\delta^{18}O$ record versus Greenland GISP2 ice-core equivalent age, based on
synchronization of abrupt changes in the methane concentrations within the two ice
cores$^3$. Grey crosses indicate tie points as described for a. The youngest tie-point is
selected in a position nearest to the age suggested by the AMS $^{14}C$ dating in KL11. This
also allows for the fact that the Byrd record is different from the East Antarctic Vostok $\delta D$
series (e) in the interval $\sim 25–17$ kyr BP, possibly owing to a regional West Antarctic
climate fluctuation$^{11}$. c, Depths of tie points in KL11 versus their equivalent age in the Byrd
record. Dashed line represents a smooth fit through the tie-points for conversion of KL11
depths into age. d, KL11 $\delta^{18}O$ series after conversion to age as in c, superimposed upon
the Byrd $\delta^{18}O$ series to illustrate the remarkable similarity in the signal structures. e, As d
but using the Vostok $\delta D$ record.
BP interval of up to $35 \pm 12$ m, more than twice the volume of the Greenland and West Antarctic ice sheets. The maximum rate of change of $0.02$ m yr$^{-1}$ is similar to the mean rate of change during the last deglaciation.

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Archaean ultra-depleted komatiites formed by hydrous melting of cratonic mantle

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Komatiites are ultramafic volcanic rocks containing more than 18 per cent MgO (ref. 1) that erupted mainly in the Archaean era (more than 2.5 gigayears ago). Although such compositions occur in later periods of Earth history (for example, the Cretaceous komatiites of Gorgona Island2), the more recent examples tend to have lower MgO content than their Archaean equivalents. Komatiites are also characterized by their low incompatible-element content, which is most consistent with their generation by high degrees of partial melting (30–50 per cent). Current models for komatiite genesis include the melting of rock at great depth in plumes of hot, diapirically rising mantle4 or the melting of relatively shallow mantle rocks at less extreme, but still high, temperatures caused by fluxing with water5. Here we report a suite of ultramafic lava flows from the Commodale greenstone belt, in the southern part of the Kaapvaal Craton, which represents a previously unrecognized type of komatiite with exceptionally high forsterite content of its igneous olivines, low TiO2/Al2O3 ratio, high silica content, extreme depletion in rare-earth elements and low Re/Os ratio. We suggest a model for their formation in which a garnet-enriched residuum left by earlier cratonic volcanism was melted by hydration from a subducting slab.

The well-preserved Commodale suite of lava flows, dated by whole-rock Sm–Nd at 3.334 ± 18 Myr age6, contains spinifex textures and aphyric chill margins representing liquid compositions. The 600-m thick succession, comprising more than 80 flow units, has been intersected by diamond drilling, allowing complete units to be studied with unambiguous recognition of chill zones. Olivine and orthopyroxene are preferentially concentrated in the centres of the flows and both olivine and orthopyroxene spinifex occur near the top of the units, often in layered form. Olivine core compositions (higher than 96.5% forsterite content) have the highest magnesium content recorded for olivines in any naturally occurring terrestrial igneous rock. An abundance of primary liquidus orthopyroxene shows that these komatiites are different from all others previously described.

The Commodale liquids (Fig. 1) have high MgO (29–31%), high SiO2 (49.5–50.5%) and extremely low iron contents (3.5–5% FeO). They are characterized by exceptionally low levels of incompatible elements (TiO2 0.1%; Zr 2.6 p.p.m.; Y 5.2 p.p.m.; total rare-earth elements (REE) 2.9 p.p.m.) compared with other komatiites (TiO2 0.3–1.61%; Zr 14–27 p.p.m.; Y 5–11 p.p.m.; total REE 9–19 p.p.m.). They also have the highest values for Al2O3/TiO2 (65–95) recorded for any komatiite and exceptionally low Zr/Y (0.5 compared to 3.3 for Barberton-type komatiites). The latter is significant in that it indicates melting of a garnet-enriched mantle source. These lavas exhibit much greater light-REE depletion than the previously known most-extreme compositions, those of the Cretaceous komatiites of Gorgona Island (Fig. 2). Chondrite normalized values for Gd/Yb and La/Yb are 0.29 and 0.02 respectively, compared with 1–1.3 and 0.3–1.6 for other komatiites, including Barberton. The Commodale lavas are derived from a highly depleted and refractory mantle source of a type not previously recognized.

Commodale komatiites have extremely low Re (0.02–0.09 p.p.b.) and high Os (1–2 p.p.b.) contents that lead to low 187Re/188Os with a limited spread in Os isotopic composition (Fig. 3; Table 1). Although the samples show good linearity in the Re–Os isochron diagram, the limited range in the Re/Os produces a large uncertainty (440 Myr) about an age of 3,393 Myr, but this age agrees with the precise Sm–Nd isochron (3,334 ± 18 Myr age). The low Re/Os of the samples tightly constrains the 187Os/188Os of their mantle source to 0.1047 ± 0.0017 (γOs ≈ 6 ± 1.6). This is equivalent to a source with a time-averaged chondritic Re/Os at 3,334 Myr ago. These Os isotopic compositions provide the best estimate until now of the Earth’s oldest mantle composition obtained directly from a melt. The data confirm that the Earth’s mantle had evolved from 4.5 to 3.3 Gyr ago with a chondritic time-averaged Re/Os and strongly supports a late chondritic veneer for highly siderophile elements10. A source of this composition gives no evidence of incorporation of radiogenic Os from the crust, a conclusion supported by the high initial Nd isotopic composition 65Nd = +2.0 ± 0.76 and its extreme light-REE depletion. These